

# **Placer County Systems of Care**

Provider Relations Meeting
Facilitators: Marie Osborne and Twylla Abrahamson
Location: 11716 Enterprise Dr. Auburn, CA 95603
July 14, 2017

#### **MINUTES**

### **ATTENDANCE**

Name	Title	Organization	
Amber Boelen	Behavioral Case Manager	CA Health & Wellness /Cenpatico	
Amy Ellis	Director, ASOC	Placer County	
Annette Baker	Network Manager	Centene Corporation	
Annie Hoover	Assistant Program Director	Turning Point	
Belinda Rolicheck,	Manager, Public Programs – Regional Centers and School Bases Services	CA Health & Wellness/Cenpatico	
Catherine Lazar	LMFT	Private Provider	
DeBora Miller	LMFT	Private Provider	
Jennifer Wellenstein	Program Director	Turning Point Coloma	
Jo E. Miller		Anthem Blue Cross	
Lesley Adair	Network Relations Consultant Sr.	Anthem Blue Cross	
Lorene Noack	Program Supervisor	Placer County CSOC	
Marie Osborne	Assistant Director HHS ASOC	Placer County ASOC QA	
Susan Yett	Admin Technician	Placer County ASOC QA	
Roman Montague	LMFT	Affordable Counseling	
Twylla Abrahamson	Director HHS CSOC	Placer County CSOC	
Vivian Aizpuru	Clinical Program Manager	Uplift Family Services	

## **MEETING LOCATION**

Building: Placer County CSOC, 11716 Enterprise Dr., Auburn, CA 95603

Conference Room: Large Conference Room

# **MEETING START**

MEETING END

Meeting Schedule Start: <8:30 AM> Meeting End Time: <10:00> AM Meeting Actual Start: < 8:35 AM> Meeting Actual End: <9:50> AM

MEETING SCRIBE: <Susan Yett, Admin Technician>

### 1 INTRODUCTIONS

# **2 KEY DISCUSSION ITEMS:**

- Discussion of applied behavior analysis (ABA) as a covered benefit offered through the managed care plans for autism spectrum disorder
  - 1. California Health and Wellness
    - i. Clients are identified by those who have been diagnosed at the Regional Center, Primary Care Physician, or new claim billed as a referral.
    - ii. CHW conducts outreach to family. Provides education to the family via contact letter with service information. Link them to Regional Center for services + local providers in their area contracted with CHW.
    - iii. Follow members beginning services until linked with Provider. Authorization good for 6 months.
    - iv. Children up to 21 years of age. ABA are in-home services.
    - v. Adults 23 years of age receive limited services.





- vi. 6 to 7 ABA Providers in Placer County, including both in and out-of-network, but not sure about Tahoe area.
- vii. Services include intense skills provided in the home: parent coaching, behavior modification, speech therapy, functional assessment, sensory integration.
- viii. CHW are always looking for ABA providers.
- 2. ANTHEM ABA services:
  - i. ABA referrals are a covered benefit. Members have to have a confirmed diagnosis.
  - ii. Providers submit a request with the diagnostic evaluation report. This must include 1 of 13 evidence-based methods for treatment from the National Standards Project. Goal is to help parents learn to reinforce positive behaviors.
  - iii. Sensory integration is covered if 1 of 13 evidence-based methods for treatment is used.
  - iv. A Network team provides education/training for the evaluations.
  - v. Anthem can share a list of providers, most services are rendered in the home.
- 3. How to become a Provider for Anthem Blue Cross or CA Health and Wellness?
  - i. For CA Health & Wellness
    - i. For CA Health & Wellness, please refer to their PowerPoint presentation found on their website that will take potential providers step-by-step through the online process.
    - ii. Or go to their website at <a href="https://www.cahealthwellness.com/providers/become-a-provider.html">https://www.cahealthwellness.com/providers/become-a-provider.html</a> and fill out an application at <a href="Provider Application Request">Provider Application Request</a>.
    - iii. Should anyone experience any problems, please call their toll free number: 1-877-658-0305
  - ii. California Health & Wellness Contacts:
    - i. Annette Baker Annette.Baker@EnvolveHealth.com
    - i. Vernell Shaw Vernell.Shawlll@cahealthwellness.com
    - iii. Reina Hudson rhudson@cahealthwellness.com
  - iii. For Anthem Blue Cross
    - i. MediCal is still accepting providers.
    - ii. There is a Provider Portal available on the Anthem website.
    - iii. Lesley Adair will send the Quick Reference Guide to assist Providers to sign up.
    - iv. Lesley Adair (916) 589-3077 (office telephone) or <a href="Lesley.Adair@anthem.com"><u>Lesley.Adair@anthem.com</u></a>
    - v. Jo Miller <u>Jo.Miller@anthem.com</u>
- 4. Areas that the managed care plans need providers for network adequacy are:
  - i. Child psychology/psychiatry
  - ii. Transgender population specialty
  - iii. Psychiatrists specialized in the medication of autism
- 5. Qualifying Parameters
  - i. CA H&W: "family" is not covered, but clients can have support people participate in their services.
  - ii. Anthem: the Behavioral Health benefit is not diagnosis based; rather it is determined based on level of impairment.
  - iii. Check Anthem and CA H&W websites for the lists of diagnoses that are not covered (example: relationship therapy)
  - iv. Twylla Abrahamson can discuss with Managed Care Providers re: eating disorders. This is an issue in Placer County and many other counties.
- 6. Languages
  - i. Spanish is a threshold language for Placer County, with service pockets in Tahoe, Lincoln and Roseville
  - ii. Currently Russian/Ukrainian is not a thresh hold language, but there is need for services in some areas of the county.
- II. DMC-ODS Waiver Presentation Amy Ellis, Director ASOC. Please direct questions to Cyndy Bigbee who is the manager over the DMC ODS waiver implementation. .
- III. CSEC Update
  - 1. Steering Committee meeting includes Probation, Judicial and PCSO and CSOC representatives
  - 2. Additional training is targeted for the Fall for Providers and Social Workers
  - 3. Stand Up Placer being used for many services due to a SAMHSA grant. Services for CSEC specific and for any victims of human trafficking regardless of age.
- IV. CCR/CSOC Updates
  - 1. Group Home transitions to STRTPs





- i. Two providers located in Placer County have submitted applications to the State. One has been returned for revisions. One other provider located in the county will not be submitting an application and instead will privately fund and pursue their service mission.
- ii. There are hundreds of group homes needing to be converted in the state and who are in the process of changing their business models to be qualify for application. Many have requested an extension. This is going much slower than the state anticipated.
- 2. AB 1299 came into effect on July 1, 2017.
  - i. Presumptive Transfer means a prompt and automatic transfer of the responsibility for the provision of, or arranging and payment for specialty mental health services from the county of original jurisdiction to the county in which the foster child resides.
  - ii. Providers need to be aware that their foster care clients might have cases open in other counties.
  - iii. There will be a need to communicate across stakeholders and service providers.
  - iv. Counties are still waiting on details from the State re: auto-transfers. Currently CWS/CMS has no mechanisms in place to track the transfer.
  - v. Placer County has 144 children placed here from other counties (most from Sacramento County).

#### V. ASOC Updates

- 1. Placer County's Cirby Hills office has opened its adult, walk-in Medical Clinic. Open 2 days a week without appointment.
  - i. These screenings offer:
    - . Face-to-face assessments
    - ii. Development of Treatment plans
    - iii. Upon determination of Medical Necessity, clients can be scheduled for their 1st psychiatric appointment within 2 4 weeks.
  - ii. Flyers to come

#### 3 NEXT STEPS

#### POST MEETING ACTION ITEMS

Action	Assigned to
Share Placer County list of ABA providers	Marie Osborne
Send the Quick Reference Guide	Lesley Adair (Anthem Blue Cross)
Communicate Cirby Hills Adult Walk-in Medical Clinic information flyers	Marie Osborne

4 NEXT MEETING Next Meeting: Friday, October 13, 2017 / 8:30 AM – 10:00 AM / Placer County CSOC, 11716 Enterprise Drive, Auburn, CA in the Large Conference Room